

# 'FINDING YOUR VOICE!' LET'S MAKE SOME NOISE!



Would you or someone you know like to record a personal story; interview people in our community; create broadcasts which celebrate the differences of people and communities across North Essex?

Here are just a few reasons to take part...

- No previous knowledge required and its all FREE
- All abilities are welcome
- We want to give people who don't normally have a voice on radio a chance to take part and influence change!
- Meet new people and make new friends
- Learn new skills and gain valuable experience
- Develop a new hobby which you can continue to enjoy in the future
- Make a positive impact in your community and beyond

**Are you a parent, carer or do you support someone who would benefit from growing their confidence, learning new skills in a friendly, non-judgemental group?**

**Perhaps you feel some people are under represented in media and radio?**

**Then this training course will make a difference to you & the person you support!**

I felt accepted and welcome, everyone helped each other!

It was brilliant hearing my own voice on Colne Radio! I was so proud of myself!

### What you need to know...

- Places are limited so please register interest as soon as possible
- Priority is given to people living in Colchester and Tendring District
- Each course lasts for around 4–5 weeks (depending on movement through course content) and takes place weekly at weekends with the occasional evening session
- Groups are small (no more than 6 people) and lots of support is available
- You don't need to have any qualifications – we just ask for enthusiasm!
- Venues will be disability friendly and carers should attend with those who need additional support
- You must be 17 or over (no upper age limit!)
- We can signpost you to other support groups and clubs after the course has finished
- We have a more advanced class for people who want to learn how to become a Trainer of 'Finding Your Voice!'
- Sessions are running up until April 2027!

**If you or someone you know is interested in 'Finding Your Voice' please contact us!**

**Call or Text 07392 672 760**

**Email [will@colneradio.net](mailto:will@colneradio.net)**

**Visit [www.colneradio.net](http://www.colneradio.net)**



Colne Radio Community Interest Company is a company registered in England & Wales (Co. no. 07877272) whose registered office is at 36 Belle Vue Road, Wivenhoe, Colchester CO7 9LD

